

DRY POWDER INHALER

TWISTHALER (6+ YEARS)



1
CLOSED



2
TWIST CAP OFF



3
BREATHE OUT



4
DEEP BREATH IN & HOLD



5
TWIST CAP ON TO CLOSE



6
RINSE & SPIT

IMPORTANT INFORMATION

- Note:** Place mouthpiece between your teeth and close your lips (like sucking a straw).
- Empty?:** The window has numbers that count down the dose everytime you open the cap. When it is empty, it locks and you will not be able to twist off the cap. Throw it away.
- Expired?:** The expiry date is on the cap.
- Reminders:** Twist cap on until you hear a click.
Do not breathe into the device.
Keep the Twisthaler dry.
- Cleaning:** Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Developed by the Community Pediatric Asthma Service, Calgary and area.

For more information on asthma medications and device demos, visit our website at:
www.ucalgary.ca/icancontrolasthma

