

DRY POWDER INHALER

HANDIHALER



OPEN



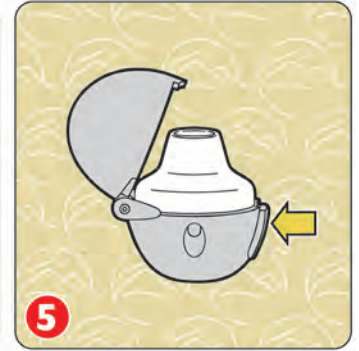
LIFT



INSERT CAPSULE



CLOSE



PRESS ONCE & LET GO



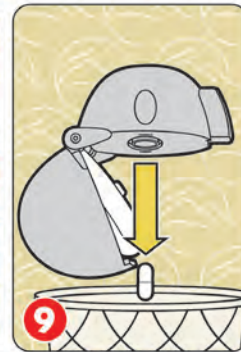
BREATHE OUT



DEEP BREATH IN & HOLD



REPEAT STEPS 6-7



THROW AWAY



CLOSE

IMPORTANT INFORMATION

Note: Place mouthpiece between your teeth and close your lips.

Expired?: Check the expiry date on the box or on the pack that holds the capsules.

Reminders: Keep the HandiHaler dry.

Capsules are sensitive to light, moisture and extreme temperatures.

Make sure to remove only **ONE** capsule from the pack at a time.

Do not breathe 'out' into the device.

Inhale twice from the same Spiriva capsule.

If the dry powder gets on your hands, wash your hands because the powder may irritate your eyes.

Cleaning: Wipe mouthpiece with a dry cloth or tissue.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, www.ucalgary.ca/icancontrolasthma

For more information on inhaled medications and device demos, visit our website at:
www.ucalgary.ca/asthma

