

DRY POWDER INHALER

DISKUS



1 PUSH OPEN



2 SLIDE & CLICK



3 BREATHE OUT



4 DEEP BREATH IN & HOLD



5 RINSE & SPIT



6 CLOSE

IMPORTANT INFORMATION

Note: Place mouthpiece between your teeth and close your lips.

Empty?: The window has numbers that count down the dose – “0” means it is empty.
Throw it away.

Expired?: Check the expiry date on the back of the device.

Reminders: Keep the Diskus dry.
Do not breathe into the device.
Close after use.

Cleaning: Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, www.ucalgary.ca/icancontrolasthma

For more information on inhaled medications and device demos, visit our website at:
www.ucalgary.ca/asthma

